



**For Immediate Release**

**December 30, 2004**

**Company Contact**

Bill Woods  
Strauss & Troy  
(513) 621-2120  
[wwoods@strausstroy.com](mailto:wwoods@strausstroy.com)

**Agency Contact**

Deb Freitag  
The Robeson Group  
(513) 703-7744  
[deb@robesonmarketing.com](mailto:deb@robesonmarketing.com)

**Center for Respite Care residents look forward to healthy New Year with help from local law firm**

**CINCINNATI**—A tote bag full of socks, ponchos, fleece blankets, mittens, gloves, and hats—provided by law firm Strauss & Troy ([www.strausstroy.com](http://www.strausstroy.com))--were presented as gifts to 36 homeless residents of the Center for Respite Care on Christmas Day.

Strauss & Troy's internal philanthropic Make A Difference Team, comprised of firm employees, used proceeds from its Dress Down Day program to purchase winter necessities for Respite's residents recovering from various short-term physical ailments. The firm delivered the totes and supplies on December 14<sup>th</sup>. Respite's staff then filled the totes and distributed them to residents on Christmas Day.

The Center for Respite Care, a division of the Health Resource Center, is a 24-hour medical and mental health facility established in October 2003 that helps homeless people in Cincinnati recover from short-term illnesses. Respite was necessary because the typical shelter cannot allow people to stay indoors or benefit from bed rest during the day—a policy intended to enable shelter residents to pursue employment, housing, treatment, and other services during the day. Unfortunately, this policy makes it difficult for residents to heal from pneumonia and other illnesses. Respite is the exception to most shelters, and is staffed with full-time nurses and one doctor, who serves as the facility's medical director. Located at 830 Ezzard Charles Drive, Respite also helps to place its residents into transitional housing and mental health and substance abuse treatment programs.

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“Our clients were overwhelmed and very touched by the generosity of Strauss & Troy,” said Mary Beth Meyer, Program Director of the Center. “Our staff works hard to help clients heal physically, but only through acts of kindness like this can we heal broken spirits.”

For more information about the Center for Respite Care, contact Mary Beth Meyer at (513) 458-6681. For more information about Strauss & Troy and the firm’s Make A Difference Team, contact Bill Woods at (513) 621-2120.

***About Strauss & Troy***

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